

Dr.R.ELANGOVAN,

Professor & Head,

Department of Yoga,

Tamil Nadu Physical Education and Sports University,

Chennai-127

CERTIFICATE BY THE SUPERVISOR

This is to certify that the Dissertation entitled “**EFFECTS OF YOGIC PRACTICES AND TAI-CHI TRAINING ON SELECTED PHYSIOLOGICAL BIO-CHEMICAL PSYCHOLOGICAL VARIABLES AND PLAYING ABILITY AMONG WOMEN FOOTBALL PLAYERS**” is a record of research work done by **P.ASHOKKUMAR**, a part time scholar of Doctor of Philosophy in Tamil Nadu Physical Education and Sports University, Chennai during the year 2009-2012

This dissertation is his original work and it has not previously formed the basis for the award to any degree, diploma, associate ship or other similar titles. This dissertation represents entirely an independent work on the part of the candidate but for the general guidance by me.

Place: Chennai

Date:

(Dr.R.ELANGOVAN)
Guide